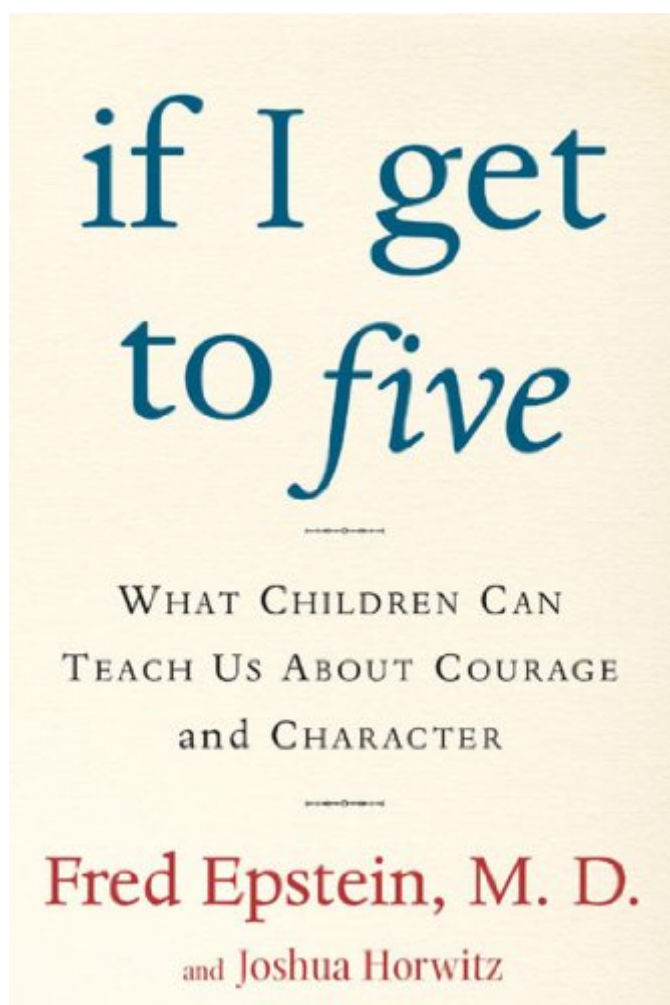


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# If I Get To Five: What Children Can Teach Us About Courage And Character (Living Planet Book)



## Synopsis

A world-renowned pediatric neurosurgeon shares the lessons of courage, compassion, and resilience that he's learned from his exceptional young patients. *If I Get to Five* is a one-of-a-kind book by a one-of-a-kind human being. The medical world knows him as Fred Epstein, M.D., the neurosurgeon who pioneered life-saving procedures for previously inoperable tumors in children. His patients and their families know him simply as Dr. Fred, the "miracle man" who has extended them both a healing hand and an open heart. "I simply can't accept the idea of kids dying," is how Epstein explains his commitment to saving patients. As a child, he had to overcome severe learning disabilities to realize his dream of becoming a doctor. Later, as the world's leading pediatric neurosurgeon, he did whatever it took to rescue children that other doctors had given up on. Epstein credits his young patients as his most important teachers. "We tend to think of children as fragile, little people," he writes. "To me, they're giants." *If I Get to Five* relates the unforgettable experiences he's shared with children—lessons in courage, compassion, love, and hope—that we can all draw on to overcome adversity at any stage of life. In *If I Get to Five*, Epstein meditates on these lessons at a time when they parallel his own experiences, as he recovers from a near-fatal head injury. *If I Get to Five* is a riveting profile of courage and compassion. No one who reads this remarkable book will ever look at children—or adversity—in the same way.

## Book Information

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Enhanced Typesetting: Enabled

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## Customer Reviews

The only "inspirational" book I've ever read that was actually inspirational. Don't let the premise scare you off; this book is ultimately among the most life-affirming I have ever read. I have never been able to keep a copy for myself - I've either given it away or, in one case, lent it to a friend who then mailed it away to her sister-in-law in another part of the country. I said, "Lori, what did you do? I told you I wanted that book back!" Her simple answer, which made absolute sense, was, "She needed it more than you do."

What an incredible story! Children dealing with cancer, and not letting it destroy or diminish them. In spite of, or because of a life threatening illness, children learn quickly what "is real" in life, and manage to share their wisdom with a very special neurosurgeon. Through all the suffering, battles, defeats and victories, children and all those they touch learn the truth about what is real. They learn how to become the real person they were meant to be and enjoy what really matters, even if for only a short time. I cried, and smiled reading this treasure. Dr. Epstein has since passed away, what a great loss.

The children are the most resilient ,the funniest and understand the big picture. They often teach the adults.love , unconditional love is spoken here. It is a beautiful story.

wonderful! Wish everyone would read it!

Loved it!

Enjoyable book. Inspirational without being preachy.

If your interested in reading about FRED J EPSTEIN and his many accomplishments you will love this book.I oved reading about this ICONIC man!!

Interesting and challenging

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